



Our Core Beliefs

Strength-Based - We recognize and encourage what's right in each child instead of fixing what is wrong. We help children discover the goodness in their lives and within themselves.

Principle-Based - We nurture positive social and emotional growth through the creative application of researched based principles.

Adult-Modeled - As parents and teachers, we know and cherish our own strengths and model them for the children.

The Power of Words, Music and You

Songs (words and music together) are processed in a way that involves several regions in both hemispheres of the brain.

Songs (along with movement) engage our mind, body, emotion, sense of culture and community. Songs, *from your voice*, are the most powerful way of engaging children.

Four Types of Songs

Self-Talk Songs – teach, reinforce, and internalize positive messages about oneself, others, and the world through “I” statements.

Experience Songs – give an opportunity to do what is being sung, practicing the experience through repetition.

Story Songs – are listened to rather than sung, giving the listener an opportunity to imagine the situation and develop association, empathy and concern.

Concept Songs - directly teach key ideas (that may be counter-intuitive contradict existing attitudes or beliefs).

Big Take Home Ideas

(I want to remember this...)